# HYGIENE ACTIONS COVID-19 POLICY

## (No Changing room access)

**The latest Government and Football Association Rules, Advice and Guidance take precedence over these rules**

This policy is based on playing games and training being allowed with contact from 01 August 2020 and to reduce infection transmission. Communal changing facilities are currently closed but may be opened in the near future, these actions are written with no changing room access. Once reopened please be aware that others may be using the facilities before, during or after sessions are taking place, respect them and encourage them to maintain good hygiene practice, **DO NOT ARGUE WITH THEM IF THEY REFUSE.**

## PRE-GAME OR TRAINING

1. Ensure hand sanitiser dispensers are full and ready for use.
2. Ensure spray bottles are full and ready for use
3. Check that all relevant signage is in place
4. Wear appropriate PPE, gloves, masks, and goggles, these will be provided
5. Wipe down door handles and knobs of toilet areas \*once reopened
6. As others arrive ensure they have their own hand sanitiser and drinks bottles
7. Club water bottles should not be used
8. Current guidelines advise that players arrive ready changed
9. If parents or spectators use the toilets, ensure they are aware of the restrictions and need to maintain good hygiene \*once reopened

PAVILION POST-GAME OR TRAINING\*

1. Ensure hand sanitiser dispensers are full and ready for use.
2. Ensure spray bottles are full and ready for use
3. Wear appropriate PPE, gloves, masks, and goggles will be provided
4. Check that all relevant signage is in place before leaving
5. Ensure all used kit is taken home by the participants for washing, do not use dirty kit for another game or training session.
6. Players will shower and wash at home
7. Wipe down all door handles and knobs of toilet areas
8. Ensure the pavilion is locked

\*once reopened

## PRE-GAME OR TRAINING

1. Wear appropriate PPE, gloves, masks, and goggles will be provided
2. Spray or wipe down any footballs to be used
3. Spray or wipe down any equipment to be used
4. Spray the goal posts and the nets before they are assembled
5. Spray or wipe down the corner flags before they are taken from the store
6. Chairs, ladders, or other such items are to be sprayed or wiped down before use
7. Restrict access to the first aid bags and equipment to the first aider only
8. The first aider must wear appropriate PPE (i.e. gloves, mask, eye protection) Hand sanitiser must be used before and after treating anybody and items disposed off in a plastic bag then into a waste bin.

## POST-GAME OR TRAINING

1. Wear appropriate PPE, gloves, masks, and goggles will be provided
2. Spray or wipe down any footballs that have been used
3. Spray or wipe down any equipment that have been used
4. Spray or wipe down the goal posts before they are dis-assembled
5. Spray the nets after they have been taken down
6. Spray or wipe down the corner flags before they are put in the store
7. Chairs, ladders, or other such items are to be sprayed or wiped down before storing
8. Restrict access to the first aid bags and equipment to the first aider only
9. The first aider must dispose of any used items in accordance with good practice and at least put used items in a plastic bag and place into a waste bin

## ADDITIONAL NOTES

PPE Supplied by Club - Face Masks, Gloves, Disposable Aprons, Visors

Other items supplied by club - Cleaning Spray, Anti-bacterial wipes, Sanitising gel, plastic bags for item disposal.

First Aid items supplied by club - Normal First Aid items for sports clubs plus in addition extra gloves, visor, face masks, hand sanitising gel.

Reference documents:

### CLUB

20200720 ECCFC COVID-19 SELF-ASSESSMENT (issued to all parents/players)

20200720 ECCFC HYGIENE ACTIONS COVID-19 POLICY (in club pack and issued to all coaches)

20200720 ECCFC RESTRICTED TRAINING AUGUST 2020 (in club pack and issued to all coaches)

20200720 ECCFC CORONAVIRUS RISK ASSESSMENT FOR PREVENTING AND MANAGING OUTBREAKS (in club Pack and issued to all coaches)

20200720 ECCFC HYGIENE PARENT ADVICE COVID-19 POLICY (issued to all parents)

20200720 ECCFC COACH MANAGER SAFEGUARDING RISK ASSESSMENT (in club Pack and issued to all coaches)

20200720 ECCFC COVID SAFEGUARDING RISK ASSESMENT (in club Pack and issued to all coaches)

20200722 ECCFC full-guidance-for-restarting-competitive-grassroots-football (in club Pack and issued to all coaches)

20200722 ECCFC FA first-aid-guidance (in club Pack and issued to all coaches)

### INSURANCE

bluefin-insurance-covid19-risk-assessment-considerations-for-grassroots-sports-clubs (in club pack)

### FA GUIDANCE

FA covid-19-risk-assessment-guidance (in club pack)

FA first aid-guidance (in club pack)

FA full-guidance-for-restarting-competitive-grassroots-football (in club pack)

FA guidance-for-facility-providers (in club pack)

FA guidance-for-restarting-competitive-grassroots-football-summary (in club pack)

FA football-activity-guidance-for-parents-and-carers (in club pack)

Any questions please contact.

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