# HYGIENE PARENT ADVICE COVID-19 POLICY

## The latest Government and Football Association Rules, Advice and Guidance take precedence over this Policy

This policy is based on playing games and training being allowed with contact from 01 August 2020 and to reduce infection transmission. Communal changing facilities are currently closed but may be opened in the near future. Be aware that others may be using the facilities before, during or after sessions take place, we should respect them and encourage them to maintain good hygiene practice. Please understand that other individuals, groups, teams, or clubs may not have the same standards as we try to have so report any concerns to the ECCFC senior officer, Coach or Club Welfare Officer please **DO NOT ARGUE WITH THEM.**

## PARENT AND PLAYER REQUIRED ACTIONS PRE-SESSION

1. Bring personal named hand sanitiser. In emergencies there will be a limited supply available.
2. Ensure drinks bottles are full and named.
3. Check that appropriate clothes and equipment are provided and clean. Include a plastic bag for the journey home.
4. Complete the self-assessment check before leaving home.
5. The club registration form, GDPR and permission statements must be signed prior to returning to football.
6. Ensure a face mask is available for all attendees from your “bubble”.
7. Personal medication should be labelled and in a sealed container.
8. Travel to the training or game in your own “bubble transport”.
9. If others travel with you, please ensure they are the same travel companions each week.
10. Try to maintain 2m distance when parking (this is not always possible so wait until others have moved away before exiting vehicle)
11. Current guidelines advise that players arrive ready changed.
12. If parents or spectators use the toilets, ensure good hygiene is maintained. \*

\*once reopened

## PARENT AND PLAYER REQUIRED ACTIONS POST-SESSION

1. Ensure hand sanitiser is used after the training session or game
2. Ensure drinks bottles are taken home or disposed of correctly
3. Ensure all used kit is placed into a plastic bag ready for washing, do not use dirty kit for another game or training session, current guidance is that players will take kit and wash it at home.
4. Washing and showers will be undertaken at home.
5. If club water bottles have been used ensure they have been emptied and wiped down with alcohol wipes
6. Do not gather in crowds and maintain social distancing
7. Ensure a face mask is available for all attendees from your “bubble”.

## DURING A SESSION

1. The first aider must wear appropriate PPE (i.e. gloves, mask, eye protection) Hand sanitiser must be used before and after treating anybody and items disposed off in a plastic bag then into a waste bin, please explain this to your child.
2. For minor injuries, the parent is expected to treat the player.
3. For major, serious, or life-threatening injuries the team first aider will provide first line assistance and the parent help if necessary.
4. Self-distancing will be imposed during the session (currently 2M), crowding or gathering is to be avoided.
5. Face Masks are to be worn where necessary.
6. Use hand sanitiser after treating an injury or using the facilities.

## ADDITIONAL NOTES

There is a limited amount of PPE that the club can provide for attendees for general use, please try to remember to bring your own and **DO NOT SHARE WITH OTHERS.**

The club will be supplying Cleaning Spray, Anti-bacterial wipes, Sanitising gel, hand towel, plastic bags for waste item disposal, primarily for use by the coach within the pavilion or wiping training or game equipment. If assisting the coach please ensure you follow the cleaning and hygiene policy.

First Aid items supplied by club - Normal First Aid items for sports clubs plus in addition extra gloves, visor, face masks, hand sanitising gel. Other items should be supplied by the parent

Reference documents:

### CLUB

20200720 ECCFC COVID-19 SELF-ASSESSMENT (issued to all parents/players)

20200720 ECCFC HYGIENE ACTIONS COVID-19 POLICY (in club pack and issued to all coaches)

20200720 ECCFC RESTRICTED TRAINING AUGUST 2020 (in club pack and issued to all coaches)

20200720 ECCFC CORONAVIRUS RISK ASSESSMENT FOR PREVENTING AND MANAGING OUTBREAKS (in club Pack and issued to all coaches)

20200720 ECCFC HYGIENE PARENT ADVICE COVID-19 POLICY (issued to all parents)

20200720 ECCFC COACH MANAGER SAFEGUARDING RISK ASSESSMENT (in club Pack and issued to all coaches)

20200720 ECCFC COVID SAFEGUARDING RISK ASSESMENT (in club Pack and issued to all coaches)

20200722 ECCFC full-guidance-for-restarting-competitive-grassroots-football (in club Pack and issued to all coaches)

20200722 ECCFC FA first-aid-guidance (in club Pack and issued to all coaches)

### INSURANCE

bluefin-insurance-covid19-risk-assessment-considerations-for-grassroots-sports-clubs (in club pack)

### FA GUIDANCE

FA covid-19-risk-assessment-guidance (in club pack)

FA first aid-guidance (in club pack)

FA full-guidance-for-restarting-competitive-grassroots-football (in club pack)

FA guidance-for-facility-providers (in club pack)

FA guidance-for-restarting-competitive-grassroots-football-summary (in club pack)

FA football-activity-guidance-for-parents-and-carers (in club pack)

Any questions please contact:

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