



# East Coker Cockerels FC

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## CORONAVIRUS RISK ASSESSMENT FOR PREVENTING AND MANAGING OUTBREAKS

### Policy statement

ECCFC aim to provide a safe and healthy environment, through using the resources available, to try to prevent and manage the cross-infection of the coronavirus. ECCFC as a provider must promote the good health of players, adults, siblings, and officers attending the setting. ECCFC must have a procedure for responding to attendees who are ill or infectious, take necessary steps to prevent the spread of infection, and take appropriate action if they are informed that someone is ill. ECCFC will provide a “club Pack” in the pavilion or with easy access, this pack will contain the latest Health and Safety information as well as Protocols, Guidelines, Statements and Risk assessments

### Procedures to be followed, to try to prevent the spread of Coronavirus (Covid-19)

#### Social Distancing

The club environment will be organised to ensure social distancing between small groups throughout the session. Entry into the pavilion is not permitted at this time. The Coaches will need to ensure each group of young players or adults are not exposed to overcrowding in any area. The team lead Coach will be responsible for dealing with the players’ or adults’ activities and supervision. All equipment will be cleaned after each group have finished using it, to prevent cross-contamination.

\*The pavilion toilets cannot be used at present.

#### Injuries

If a player gets injured, a member of their household or support bubble, can aid them if for example they are watching from their car, but others will still need to socially distance unless a life threatening, or serious injury necessitates compromising guidelines to provide emergency care.

#### Travel

The Government guidance on travel is that the ‘stay at home’ rule will end on 29th March, but many restrictions will remain in place. As organised sport can resume, all participants may travel to games but should avoid travel at the busiest times and routes, as well as minimising any unnecessary journeys where possible. All participants must follow the Government’s guidance on safer travel. Participants should note that this guidance will be updated as we move through the different steps of the Government’s roadmap. All participants should therefore regularly review this guidance to make sure they are following up to date information.

#### Travel to and from The Venue

- Encourage socially-distant forms of transport (e.g. cycling and walking). All other forms of transport should be considered before public transport;
- Government guidance should be followed at all times;
- Adults and children should only travel with a member of their household or someone within their ‘support bubble’. Please note that separated parents, living in different households and those in ‘support bubbles’ announced by Government on 10 June 2020, can also car share.

## Arrival at The Venue

Coaches at the club should check that each participant completed the self-screen check list before attending and if so, if the self-screen checks were negative for all participants.

Ensuring everyone understands the importance of this simple process being completed before travelling is essential to avoid potential transmission.

If a participant says they forgot to self-check before their arrival, then the coach should ask them the health check questions before they join any group at the facility. If they answer 'yes' to one or more of the questions, participants must not take part in the activity and should be told to safely return home.

## Track and Trace

You **must** now adhere to the NHS Test and Trace system. This means collecting name and contact information before all training sessions and matches. A paper register will be available for anyone without a mobile phone.

## During the session

Please refer to The FA First-Aid guidance, for how to manage the situation if anyone appears to be symptomatic during the session.

## Attendance

No spectators are allowed at grassroots sport as part of step one of the Government's roadmap. This means that at this stage, no spectators are allowed at grassroots football. Where clubs and facilities can accommodate this safely, one parent/carer per youth player is permitted to be present at football activities although they must observe the relevant Government Covid-19 guidance. Parents of young players or adults who are clinically vulnerable **must** inform the coaches to discuss if the procedures set out are suitable for their attendance, before returning. A club self-assessment form is available from all coaches.

Coaches should request that each participant undertakes the following self-screen check list before travelling to a training session or other football activity. If they answer 'yes' to any one of them they should not travel to the training session and follow all applicable Government Guidance (e.g. call NHS 111). It is important to remember some people can pass on the virus before they develop symptoms, or never have symptoms despite being infectious. Despite everyone's best efforts, these cannot be screened out of training.

## Equipment

- Clean equipment between uses:
  - Identify who will regularly maintain the equipment hygiene e.g. balls, cones, goalposts and bibs;
  - Thoroughly clean the equipment e.g. balls, cones, goalposts, etc.;
  - Bibs should not be used unless they can be washed between sessions.
- Limit sharing of equipment where possible:
  - Ensure equipment is handled as little as possible by as few people as possible;
  - Each participant should bring to training their own water bottles, sun cream and medication each of which should be clearly labelled with their name.
- Have strict hand hygiene:
  - If individuals are going to share equipment, including balls, always ensure the individuals' hands are thoroughly cleansed using alcohol-based hand gel, if clean running water and soap are not available, before and after use

## Changing Rooms

Changing rooms cannot be used as part of step one of the Government's roadmap out of lockdown and therefore must remain shut. Changing facilities can only be used in emergency situations, or by disabled people who are taking part in organised sport and physical activity.

## General Hygiene Practices

The premises will be thoroughly checked and cleaned before and after each session. The cleaning routine is detailed in a separate document.

## Control of Substances Hazardous to Health (COSHH) regulations

The cleaning products necessary to prevent the spread of coronavirus are potentially hazardous. These include antibacterial cleaning products, washing up liquid, alcohol-based hand sanitizers and sterilizing fluids.

## Effects of hazardous substances

Skin and Eye irritations, Asthma because of developing allergy to substances used by ECCFC. Losing consciousness because of being overcome by the products' fumes.

## Precautions required

All hazardous products must be kept in the ECCFC locked garage, that is not accessible to young players. Coaches must read instructions on product labels and wear appropriate protection (disposable gloves and apron, goggles, face covering) when using any of these products. There will be a hand sanitiser dispenser on the portable COVID-19 table.

## Control Measures (reducing the risk)

- Players should be informed that spitting should be avoided, as the main mode of transmission of the virus is in respiratory secretions. In addition, clubs should consider enforcing a complete ban on chewing gum, as it is either spat out or rolled into a ball and taken out and thus poses a high risk of cross contamination. Club officials may wish to put a disciplinary measure in place in relation to spitting and chewing gum;
- Ensure participants bring their own named hand sanitiser for when soap and water is not available (use alcohol-based hand sanitiser);

## Washing Hands\*

Ensure everyone is aware of the necessity of washing hands. The Coaches **must** consistently role model correct hand washing procedures with their group of young players. There will also be bottles of sanitiser accessible for general use on the COVID-19 table.

All players **MUST** bring their own hand sanitiser for use during training and games.

\*The pavilion toilets cannot be used at present. This will be updated as soon as we receive authorisation from the Parish council.

## Cleaning

All surfaces need to be cleaned using an anti-bac cleaner/wipes after each group has finished playing or training. More detailed cleaning procedures are contained in the ECCFC cleaning procedure.

## Waste Disposal

All waste **must** be disposed of in a hygienic and safe manner in the outdoor bin, which is collected by a professional waste disposal firm.

## Resources (equipment and kit)

All equipment will be cleaned after it has been used by a group. Resources **are not to be shared** between groups. Outdoor resources must also be cleaned after group use.

A large tub and disinfectant have been provided to complete this task.

## Laundry

All Clothes or personal sports equipment will be taken home and washed or cleaned by the parent or adult.

## Group Activities

Although the players and coaches will be in their own groups, social distancing will always be maintained by the coaches and their group. The players will need to bring their own clearly labelled drink bottles.

## Medication

All personal medication must be clearly labelled and put into an individual container, then into a storage container to stop cross-contamination. The coach must wipe the container with an anti-bac cloth and use appropriate PPE (gloves or hand gel) when collecting or returning it to the adult or parents. Coaches should also wear gloves when writing up and

handing over the medicine or accident book for the parents to sign. This will also apply when asking parents to complete any documents. Parents will be offered hand gel before and after they have signed and dated the books.

### Visitors/Site User\*

Visitors will not be allowed into the building when young players are present. Only parents or qualified people will be allowed in the building while young players are present. Repairs and Maintenance will have to be completed outside of preschool and playing or training hours. Social distancing guidelines must always be followed.

\*The pavilion cannot be used at present. This will be updated as soon as we receive authorisation from the Parish council.

### Young players' Well-being

ECCFC has supported all the young players during the closure, through sending texts, using social media and emails.

The impact of Covid-19 may have caused some children to become anxious or unsure about resuming activity. Concerns may relate to levels of fitness, skill or friendship groups, others will be delighted to be able to return to football. Coaches should only support their return to football when they and their parents/carers feel confident for them to do so. Coaches/welfare officer should offer to speak to parents/carers of children about potential issues if needed and make gradual introductions if needed, particularly when needing to incorporate new protective measures.

### Coaches

All Coaches should be aware of the symptom of Covid-19 and follow all guidelines. Attendance- only if they are symptom free, have completed required isolation period or achieved a negative test result.

### Training

All Coaches and members will be informed of all the new working practices and FA/SCFA guidelines.

Clubs should carefully plan each training session or football activity and ensure that they are structured to ensure that the Government guidance is maintained.

### Clothing

Coaches need to wear appropriate clothing to reduce the spread of the infection. They should all change at the end of the session to prevent cross-contamination at home. All Coaches must wear appropriate PPE when dealing with the young players' first aid requirements. Any member or Coach who is anxious about their safety will have the support of the management to talk through their concerns.

### Responding to Suspect Cases

In the event of a suspected case of Covid-19, the child will be separated from their group and a Coaching member, wearing appropriate PPE, will watch the child until the parent arrives. Coaches will then have to deep clean all areas the infected person has had contact with, again wearing appropriate PPE. All emergency contacts for the young players will be updated, as these may be different due to social distancing rules within family units.

### Contact Information

Each coach will hold a full list of players and contacts for their group in accordance with the ECCFC Data Protection and Privacy Policies. They shall hold a list of names with contact numbers for emergencies only during the sessions they are managing. The coach **MUST** contact the players emergency contact (Parent, Guardian, or Partner) if they suspect that someone has been affected. Self-isolation and medical help **MUST** be recommended. If a case of Covid-19 is suspected or confirmed the ECCFC Welfare Officer **MUST** be informed immediately.

### Further Action

If an infection is confirmed the Coach **MUST** also inform the contact of all other players within their group. The Coach **MUST** also inform the Club Welfare Officer who will recommend any further action. The Mini, Youth section secretary's **MUST** also be informed so that they can inform the Leagues and SCFA of an infection within ECCFC. A decision will then be made regarding training and games being played, in accordance with the Leagues, SCFA and FA recommendations.

This policy was adopted by	<u>East Coker Cockerels FC</u>	<i>(name of provider)</i>
On	<u>20 July 2020 (updated 27/03/21)</u>	<i>(date)</i>
Date to be reviewed	<u>12th April 2021</u>	
Signed on behalf of the provider		
Name of signatory and role	<u>Michelle Knight</u> <u>Club Welfare Officer</u>	
Contact: Telephone: 07969 369707	Email: <a href="mailto:knight.michelle@hotmail.co.uk">knight.michelle@hotmail.co.uk</a>	

#### INSURANCE

[bluefin-insurance-covid19-risk-assessment-considerations-for-grassroots-sports-clubs](#) (in club pack)

#### FA GUIDANCE

[20210325 first-aid-guidance-for-returning-to-football](#)

[20210325 guidance-for-providers-of-football-activity](#)

[20210325 guidance-for-restarting-outdoor-grassroots-football](#)

[20210325 Press Release RTF Guidance 24.03.21 Final](#)

[20210325 covid-19-safeguarding-risk-assessment](#)